

SHAPE

A woman with long brown hair, Gina Rodriguez, is shown from the waist up, wearing a dark grey zip-up hoodie and black leggings. She is standing on a sandy beach, looking off to the side with a slight smile. The ocean is visible in the background.

LOVE
MY
SHAPE

The new 7-minute routine

Fast, effective, done

Why you need a microvacation

All the Beauty!

Amazing
new loot

A smart skin
upgrade

Workout
makeup
(finally!)

**Gina
Rodriguez**
“I’m the best
version of me
I can be”

**Want a big
calorie burn?**

Try this boxing &
HIIT combo

beauty right now

Global skin care

Finally, a beauty routine that makes you prettier wherever and whenever you travel. **Pour Moi Réponse du Climat Day Creams** (\$35 each, pourmoibeauty.com) are formulated specifically for desert, temperate, polar, and tropical climates, so your skin receives what it needs upon arrival. They all have the same quality hydrating ingredients (humectants, emollients, and/or water-preserving occlusives) but at different levels, depending on the moisture in the air. And they're TSA-friendly, of course.



FRIZZ-FREE WITHOUT THE FRY

Straight hair, don't care—now that the **Remington SmartPro Straightener** (\$43, ulta.com) is able to prevent harmful sizzle. The tool's smart-sensor

technology adjusts automatically to the moisture level in your hair, supplying the perfect styling temperature every time—you can crank it up to a professional 450 degrees if your hair can take it.



Make it a double Combination skin just got a whole lot easier to handle. **Tarte Tight & Bright Clay Multi-Mask** (\$40, tarte.com) contains two formulas that can address all your complexion quirks. Both use Amazonian clay for deep cleaning, but the purple side is also purifying, while the gold is hydrating. Apply either as a spot treatment or all over.

Styling by Wendy Schelahn/Halley Resources. Right: Getty Images